

Good morning to everyone. May your day be blessed with joy and sunshine. After this morning's prayers I wrote this little reflection based on the seven last words of Jesus and how they can be used at this time of the Covid-19 pandemic to help us remember love of God and love of our neighbour.

Seven Last Words for Covid-19

Father forgive them for they know not what they are doing.

Let us pray for those who ignore the public health risk in their self-centeredness. May they open their ears and hear the message all countries are speaking.

Truly I tell you today you will be with me in paradise.

Let us pray for those who are greedy and are hoarding food and medications. May their hearts be touched and they recognize the sin of their gluttony.

Woman here is your son; here is your mother.

Let us pray for all those who work as first responders caring for strangers in need. May they and their families stay safe as they work exposed to the danger of the virus.

My God, my God why have you forsaken me?

Let us pray for those infected with the virus especially those in critical care and those who are dying. May God watch over them and heal them or bring them to Him upon their death.

I am thirsty.

Let us pray for all those who feel abandoned with faith gatherings that are cancelled. May we continue to stay strong in our faith and trusting in God's benevolence.

It is finished.

Let us pray for those who were the first to be exposed to the virus as it now subsides in their country. May they get back to normalcy but not turn their backs on those who are now exposed.

Father into your hands I commend my spirit.

Let us pray for all people of faith and virtue may we reach out to the vulnerable around us. May we in our own smallness help those who cannot leave their homes and need conversation, food or medications.

Amen

Also if you are able we are asked to participate in a rosary this Sunday at 2 p.m. where ever we are. I suggest just doing the Glorious Mysteries.

Your Brother in Christ;
Phil

