

ROSARY HELP SHEET

Apostles' Creed (Crucifix)

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty;
from there he will come to judge the living and
the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Our Father (large beads)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary (small beads)

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death. Amen.

Glory Be (at the end of each decade)

Glory be to the Father, the Son, and the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Fatima Prayer (after the Glory Be)

O My Jesus, forgive us our sins, save us from the fires
of Hell and lead all souls to Heaven, especially those
who are in most need of Thy mercy.

The Sub Tuum Praesidium

We fly to your protection, O holy Mother of God;
despise not our petitions in our necessities,
but ever deliver us from all danger,
O glorious and blessed Virgin.

The Prayer to Saint Michael

Saint Michael the Archangel, defend us in battle;
be our safeguard against the wickedness and snares of
the devil.

May God rebuke him, we humbly pray:
and you, O prince of the heavenly hosts,
by the power of God,
cast down to hell Satan and the other evil spirits,
who prowl through the world for the ruin of souls.
Amen.

THE MYSTERIES OF THE ROSARY

Joyful Mysteries (Monday & Saturday)

The Annunciation of the Lord to Mary
The Visitation of Mary to Elizabeth
The Nativity of our Lord Jesus Christ
The Presentation of our Lord
Finding Jesus in the Temple

Sorrowful Mysteries (Tuesday & Friday)

The Agony of Jesus in the Garden
The Scourging at the Pillar
Jesus is Crowned with Thorns
Jesus Carries the Cross
The Crucifixion of our Lord

Glorious Mysteries (Wednesday & Sunday)

The Resurrection of Jesus Christ
The Ascension of Jesus to Heaven
The Descent of the Holy Spirit
The Assumption of Mary into Heaven
Mary is Crowned as Queen of Heaven and Earth

Luminous Mysteries (Thursday)

The Baptism in the Jordan
The Wedding at Cana
The Proclamation of the Kingdom
The Transfiguration
The Institution of the Eucharist